

# LIFTT Moments of Independence

Helping Families Find a Path Through Medicare

## Your Medicare Card



<https://www.medicare.gov/basics/get-started-with-medicare/using-medicare/your-medicare-card>

Every day, people across Southeastern and South-Central Montana face challenges navigating complex systems related to healthcare, housing, transportation, and disability services. Through LIFTT's programs, individuals and families gain access to information, guidance, and support that help them move forward with confidence.

### The Situation

A family member recently contacted LIFTT looking for guidance about how to move forward with Medicare coverage for a loved one with a disability. Like many people navigating the healthcare system for the first time, they felt unsure about where to begin and what options might be available.

### How LIFTT Helped

Through LIFTT's Information and Referral services, the individual received clear guidance about the Medicare process and learned how to contact Social Security to explore available coverage options, including Medicare Advantage plans.

### The Outcome

What initially felt confusing quickly became manageable. With the right information and direction, the family member gained the confidence needed to move forward and advocate for their loved one's healthcare needs.

They later shared their gratitude for the guidance they received and the reassurance that helped them move forward.

## **Impact**

Access to reliable information empowered this family to take the next steps toward securing appropriate healthcare coverage and greater peace of mind.

## **Why This Matters**

At LIFTT, providing clear information and guidance helps individuals and families navigate complex systems and take meaningful steps toward greater independence.

## **Need Help Navigating Services?**

**Have a question? Need help navigating services or benefits? LIFTT is here to help.**

Our Information and Referral staff assist individuals and families across Southeastern and South-Central Montana in finding services, understanding benefits, and connecting with community resources.

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