

Series of vaccine clinics starts Sept 28

ADVC aims to break down barriers to access for the aging and disabled

Living Independently for Today & Tomorrow (LIFTT) is holding a series of vaccination clinics across its service area this fall. The effort is part of LIFTT's participation in the Aging & Disabled Vaccine Collaborative (ADVC), funded by a grant from USAging and the Administration for Community Living (ACL) of the United States Department of Health & Human Services.

The ADVC brings together aging and disability organizations from across the country and provides them the resources to identify barriers to increased vaccine access for the aging and disabled population and to develop local "boots on the ground" solutions to break down those barriers and provide access.

"Even after the renewed attention that has been paid to vaccinations these past few years, it remains a fact that elders and people with disabilities, particularly in rural areas as we have in much of Southeastern and South-Central Montana, are more likely than other population groups to lack the ability and opportunity to receive vaccinations that they are wanting to," said LIFTT outreach director John Robison.

"That is what LIFTT, and its partners are trying to accomplish through the ADVC and these clinics Getting shots into the



arms of people who want to have them but have faced barriers." Robison said. "We aren't about forcing anyone or convincing skeptics; we are about ensuring that people who want vaccinations can get them."

The vaccinations available at the clinics will be RSV, Shingles, Influenza, and Pneumonia, as well as the updated COVID-19 vaccine and booster. LIFTT is grateful for the partnership of USAging, ACL, and public health officials in all our 18 counties. The businesses and organizations providing space for clinic sites, Pharm406, and the Caring Foundation of Montana's Care Van program for making these clinics a reality.

Clinics are set to occur in each of LIFTT's counties between September 28 and November 3. For a complete schedule and map of clinic dates, times, and locations, please see pages 3-5 of this newsletter.

In addition to providing vaccinations, LIFTT team members will be on hand at each clinic to talk with potential consumers about our other programs and services.

If you have questions about the clinics or ADVC programs, please feel free to reach out to LIFTT by calling 406-259-5181 (Billings), 406-948-8500 (Glendive), visiting liftt.org/programs-services/advc/, or by sending us a message through our website: liftt.org/contact.

For a complete schedule of LIFTT's ADVC vaccine clinics as well as a map of vaccine sites:

**See Pages 3-5
Or visit
LIFTT.org**

Director's Corner: Vaccines are an important tool for health

Thanks to the Aging and Disability Vaccination Collaborative (ADVC) grant, which is an USAging initiative funded by the US Administration for Community Living (ACL), LIFTT has been able to promote and provide vaccines in the eighteen counties of its service area in association with county health departments, Pharm406, and other partners.

We want you to know that LIFTT is offering the updated COVID-19, flu, and RSV vaccines to our aging and disabled consumers.

There is a permanent clinic in Yellowstone County, at the Pharm406 located at 1410 38th St W STE A, Billings, MT 59102, telephone (406) 717-6100. You can walk in or call to schedule an appointment. If you need assistance planning the vaccine or transportation to the vaccine clinic, LIFTT is here to help you.

LIFTT and our partners will be offering the new COVID-19 vaccine in all counties of LIFTT's service area according to the chronological calendar found on the next page of this newsletter.

Health specialists say we all should get an updated COVID-19 vaccine annually especially those of us aging and disabled, whose immune system is compromised. By getting an immunization, we protect ourselves against the devastating effects of COVID-19 and other seasonal infections like the flu and RSV, as well as our families, neighbors, and the community. Please note that you can still be vac-

inated even if you have not done it before.

Again, the COVID-19, flu, and RSV vaccines will be available in the locations listed in the schedule on the next page. Please take a moment to look at it, find your county, mark the date of the clinic, and plan to attend with all your family



On page four and five of this newsletter, you will find a map that will make it even easier to find the vaccine clinic closer to your location.

There is no cost for the vaccines regardless of insurance status through the recently approved Bridge Access Program launched by the CDC on September 14, 2023.

The COVID-19, the flu, and RSV vaccines decrease the chances of you and your family getting sick and stop the spread of these seasonal infections. Those

who are aging, disabled, and live with health conditions that make them more vulnerable to infections must seriously consider getting the vaccine because COVID-19 can become what is known as Long COVID, a deadly and debilitating disease.

In summary:

- Consider getting the COVID-19 vaccine every year
- Consider getting the Flu and RSV vaccines every year.
- LIFTT and Pharm406 are making the vaccines available throughout Southeastern and South Central Montana in the coming weeks.
- Please look at the calendar and map on the following pages to find the vaccine clinic closer to you.
- Anyone can receive these vaccines simultaneously.
- Do not get the vaccines if you are sick.
- Contact LIFTT to receive free COVID-19 test kits.

We hope to see you in one of the vaccine clinics!

*Carlos Ramalho,
Executive Director*

Fall 2023 Vaccine Clinics

Schedule subject to change
see liftt.org/vaccine-clinics for updates

Date	City & (County)	Time	Vaccine Site
Thursday 09/28/2023	Hysham (Treasure)	10 a.m. to 2 p.m.	Health Department; 405 Pioneer Ave.
Saturday 09/30/2023	Red Lodge (Carbon)	10 a.m. to 4 p.m.	Senior Center; 207 Villard Ave S
Thursday 10/05/2023	Wibaux (Wibaux)	10 a.m. to 2 p.m.	Extended Care; 712 Wibaux St
Friday 10/06/2023	Sidney (Richland)	10 a.m. to 4 p.m.	Reynolds Market; 404 N. Central Ave
Friday 10/06/2023	Circle (McCone)	11 a.m. to 2 p.m.	Health Center; 605 Sullivan Ave.
Saturday 10/07/2023	Absarokee (Stillwater)	10 a.m. to 4 p.m.	Community UCC; 101 S. Woodard Ave
Wednesday 10/11/2023	Terry (Prairie)	10 a.m. to 1 p.m.	Health Department; 203 Logan Ave.
Wednesday 10/11/2023	Ekalaka (Carter)	11 a.m. to 1p.m	Event Center; 209 Speelmon St.
Thursday 10/12/2023	Baker (Fallon)	11 a.m. to 2 p.m.	Reynolds Market; 216 Shopping Ctr
Friday 10/13/2023	Glendive (Dawson)	10 a.m. to 4 p.m.	Reynolds Market; 1014 W. Bell St
Wednesday 10/18/2023	Ashland (Rosebud)	10 a.m. to 4 p.m.	One Health; 501 Main Street
Thursday 10/19/2023	Broadus (Powder River)	3 p.m. to 5 p.m.	Fairgrounds; HW 212 & Jensen
Friday 10/20/2023	Miles City (Custer)	11 a.m. to 3 p.m.	Reynolds Market; 2106 Valley Dr E
Friday 10/20/2023	Hardin (Big Horn)	1 p.m. to 6 p.m.	Fairgrounds; 118 Sawyer Loop
Friday 10/20/2023	Roundup (Musselshell)	10 a.m. to 4 p.m.	St. Benedict's RCC; 503 Main Street
Thursday 10/26/2023	Bridger (Carbon)	10 a.m. to 2 p.m.	Senior Center; 306 E. Broadway
Thursday 11/02/2023	Jordan (Garfield)	11 a.m. to 2 p.m.	Summit Corral; Highway 59
Friday 11/03/2023	Ryegate (Golden Valley)	10 a.m. to 1 p.m.	GM Angus; 147 Highway 12 #1
Ongoing	Billings (Yellowstone)	Mon-Fri 9 a.m. to 7 p.m., Sat & Sun 10 a.m. to 6 p.m.	Pharm 406 1410 38 th Street W

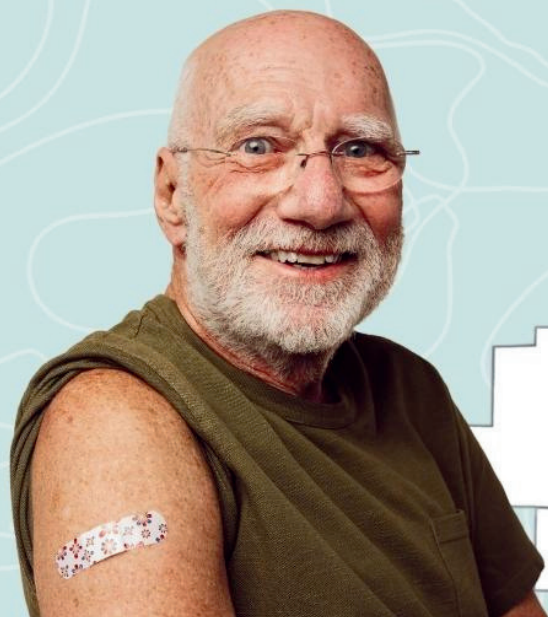
Upcoming Vaccination Clinics by County

See the chart on the previous page
for full clinic locations and times.

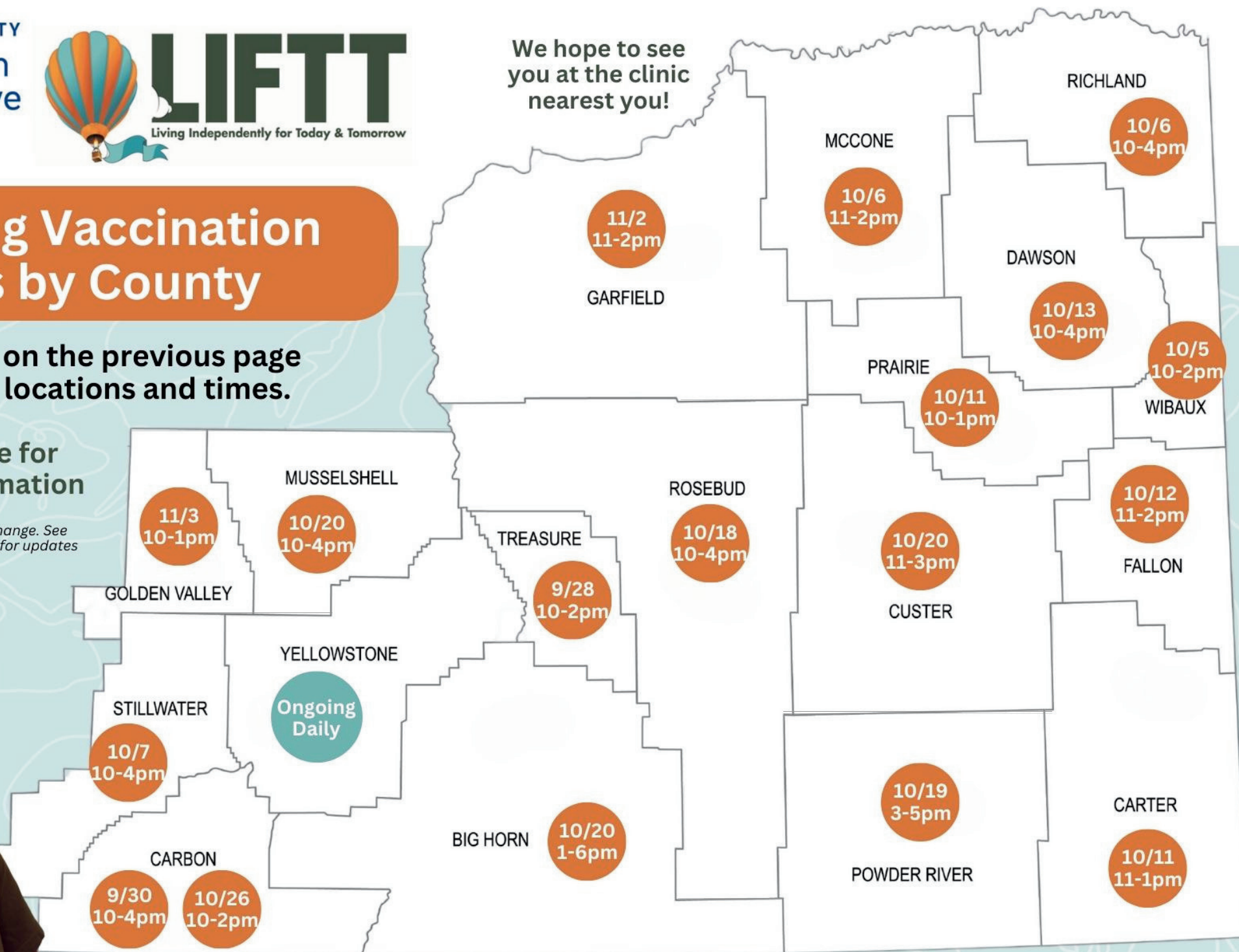


Scan code for
more information

Schedule subject to change. See
liftt.org/vaccine-clinics for updates



We hope to see
you at the clinic
nearest you!



Donate your MyWalgreens Rewards Cash to LIFTT through Nov. 30!

LIFTT is participating in the myWalgreens donation program! You can donate your myWalgreens cash rewards to support our services through November 30, 2023.

When you register for myWalgreens rewards and shop at your neighborhood (or any) Walgreens, you'll earn unlimited 1% Walgreens Cash rewards when you shop, and you can go online and choose how much to donate to LIFTT. It's that easy!



Whether you'd like to contribute \$1, \$5, or more of your Walgreens Cash rewards you'll be making a big difference as we provide programs and services by and for people with disabilities across southeastern & southcentral Montana.

To donate your rewards or for more information about the myWalgreens donation program visit: walgreens.com/mywalgreens/donation.jsp.

If you wish to make a regular cash donation to LIFTT please visit liftt.org/donate for more information or call (406) 259-5181

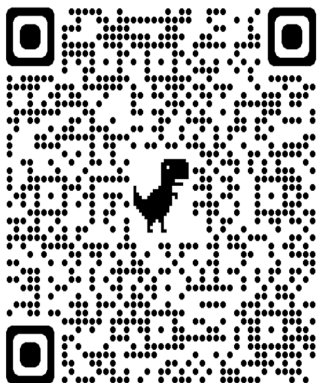
LIFTT appreciates Walgreens giving us this opportunity and would like to thank all those who choose to donate.



HELP
LIFTT SOAR!

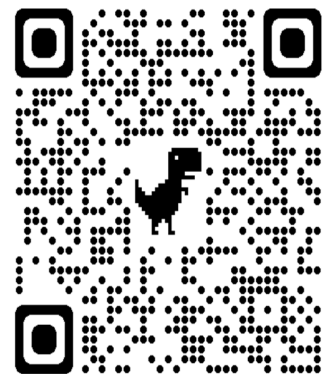
VOLUNTEER FOR
OUR BOARD OF DIRECTORS!

[LIFTT.ORG/ABOUT/BOARD-OF-DIRECTORS](https://liftt.org/about/board-of-directors) OR (406) 294-5190 FOR MORE INFORMATION



Take IL on the Go!
Download the
LIFTT Mobile APP!
Free for Apple & Android

Just use the QR Codes or
go to liftt.org/mobile-app



Proporcionando servicios de vida independiente LIFTT marks 2023 Hispanic Heritage Month

From September 15 to October 15, 2023, LIFTT joins the nation in celebrating Hispanic Heritage Month!

The Hispanic community includes people who came to the US from Spain, Mexico, the Caribbean, and Central and South America. Hispanic Americans are the fastest-growing racial and ethnic minority in the US and Montana. Hispanic Americans are over 63 million in the US and 50,000 in Montana.

LIFTT is proud to be an organization committed to diversity, inclusion, equity, and accessibility and that includes our Hispanic

neighbors. We acknowledge the importance of their contribution and their remarkable work ethics.



Latino/Latina consumers will always be welcome at LIFTT. If being Latino/Latina is one of your identities, you have a disability, and you live in our service area, please allow us to serve you.

At LIFTT, you will not experience racial, ethnic, or anti-immigrant prejudice. We will remove any language barriers by providing you with a translator and literature in Spanish.

At LIFTT, there are no legal or illegal persons or any other form of discrimination. All are welcome to receive independent living services from our specialists.

LIFTT dará la bienvenida a todos los latinos y latinas que busquen los servicios gratuitos de vida independiente que brindamos. ¡Ven a vernos!



LEAVE A LEGACY

Leave a Legacy to Posterity by adding LIFTT to your will and as a beneficiary on retirement accounts and investments.

Gifts may be made in memory or honor of someone you love.

and can be made anonymous if you wish.

Gifts made by a business or corporation qualify for the Montana Endowment Tax Credit

LIFTT.ORG



Contact: Executive Director Carlos Ramalho at carlosr@liff.org 406-294-5190
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LIFTT's Mission— Living Independently for Today & Tomorrow, Inc. is Montana non-profit organization committed to empowering persons with disabilities to live freely and equally in Southeastern Montana through the provision of independent living services which reduce societal barriers.

Peer Support Group

Would you like to connect with others living with disabilities?

Join the weekly fellowship of LIFTT's online peer support group. Whether it's games or supportive deep discussion, you're sure to enjoy the new perspectives and the positive sense of belonging.

Join us every Thursday at 3 p.m. via Microsoft Teams for the LIFTT Peer Support Group

For more information or to obtain a login contact Tanya Thomas at (406) 690-6324, or tanyat@liftt.org

LIFTT is a nonprofit agency governed by a consumer-led Board of Directors whose lives have been personally impacted by a disability.

LIFTT is funded in part through contracts and grants from the MT Department of Public Health and Human Services, USAgings and the Administration for Community Living, United States Department of Health and Human Services. The statements herein do not necessarily reflect the opinion of DPHHS, USAgings ACL, or HHS.

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