



LIFTT

Living Independently for Today & Tomorrow

The LIFTT Connection
Newsletter

FROM THE DESK OF THE EXECUTIVE DIRECTOR

New Wheels, New Doors, and a New Year of Possibility



LIFTT Executive Director Carlos Ramalho reviews a busy summer at LIFTT, including policy updates, a new vehicle for RideWell, A new office and thrift store in Glendive, and so much more!

Carlos also looks ahead to what the future holds for LIFTT as the organization prepares to kick off a new fiscal year on October 1.

The Road Ahead for LIFTT



Building Momentum: Every Service, Every Connection and Every Life Matters

Every number in LIFTT's reports represents something much more important than the service LIFTT provided. It represents independence attained.

Finding People Inside the Numbers

Boiler Modernization Project On Schedule

The Boiler Modernization Project at LIFTT's Billings office is moving forward as planned. Crews are busy installing new piping and components for this major facility improvement.

[Read More](#)



WE'RE HIRING

In our Billings Office:

- Independent Living Specialist
- Employment Specialist
- upLIFTT Thrift Manager

For more info contact LIFTT HR at
(406) 259-5181
or visit us at
liftt.org/get-involved/employment



LIFTT WANTS YOU!

Living Independently for Today and Tomorrow (LIFTT) is currently looking for dynamic, dedicated, community-minded individuals to fill three full-time positions on our Billings team. Click on the links below for details and application instructions

- [Independent Living Specialist](#)
- [Employment Specialist](#)
- [upLIFTT Thrift Manager](#)

Ten Voices, One Powerful Message: Independence is Personal

Consumer Satisfaction Surveys, conducted every time LIFTT closes out a consumer, offer a glimpse into the deeply personal work of Independent Living and remind LIFTT why every conversation, connection, and goal matters.

[10 LIFTT Consumer give their thoughts](#)



LIFTT Team Attends MT IL Symposium

For two remarkable days, August 18 and 19, 2026, the entire LIFTT team stepped away from its regular routines and gathered in Billings with advocates from across the state for the 2026 Montana Independent Living Symposium: "50 Years Strong, Empowering Independence, Driving Change."



A celebration of the past, a classroom for the present, and a workshop for imagining the future.



Glendive-based Independent Living specialist Thomas Wilker writes that often for people with disabilities, "Misunderstandings, stereotypes, and assumptions can lead to exclusion and discrimination," and that "when we replace stigma with understanding, we create a community where everyone has the opportunity to thrive."

Creating a stronger, more welcoming, and accessible Eastern Montana



Free Seed Envelopes at Seed Saving Workshop 9/12

Garrett Mills, Chair of LIFTT's Board of Directors, will hand out FREE resealable seed envelopes at the Billings Community Seed Library Seed Saving Workshop on 9/12 from 10-11:30 a.m. at the Billings Public Library.

Come learn how to collect, save, and properly store seeds from heirloom vegetables and native plants so you can plant them next season. While supplies last, bring home some FREE Envelopes to get you started!

[More Info](#)

Living Well, Learning Together & Preparing for What's Next

This year, LIFTT's work with the Montana Disability & Health Program brought successes and shortcomings, creating opportunities to learn and grow.



[Read More](#)



Hidden Treasures & Grand Journeys Brings the Community Together

On August 1, 2026, LIFTT welcomed community members, consumers, supporters, and friends to the Columbia Club in Billings for Hidden Treasures & Grand Journeys: An Evening of Opportunity for LIFTT.

The evening featured dinner, live and silent auctions, door prizes, conversation, laughter, and opportunities to learn more about LIFTT and its RideWell ADA Accessible Rural Transportation Program.

Relationships Created, Awareness Raised, Doors Opened



Moments of Independence: Small Steps, Big Victories, Stronger Communities

At LIFTT, we know independence isn't measured by the size of the accomplishment, but by what it means to the individual.

Each Newsletter, Moments of Independence, shares the stories of the remarkable people we have the privilege of serving. These stories remind us that independence is a journey, not a destination—and that with the right support, determination, and community, extraordinary things happen every day.

September's Moments of Independence

Medicaid Work Requirements: What You Need to Know

On July 1, 2026, Montana issued new rules on work and community engagement requirements for some Medicaid recipients.

What Are They?
Who Do They Apply To?



Support LIFTT's Mission and Vision

In this era of uncertain federal, state, and foundation support, your contributions are more vital than ever.

Every donation directly supports LIFTT's programs and services, which promote independence and self-determination for elders and people with disabilities in our region.

Support Independent Living in Montana by Donating to LIFTT Today!

Living Independently for Today & Tomorrow (LIFTT)

1241 Crawford Drive, Billings, MT 59102 · (406) 259-5181
206 S. Douglas Street, Glendive, MT 59330 · (406) 948-8500

LIFTT is a Montana 501(c)3 corporation organized as a Center for Independent Living (CIL). With team members based in Billings and Glendive, LIFTT provides aging individuals and people with disabilities with programs and services that help empower them to break down the physical, bureaucratic, and cultural barriers that prevent them from being fully independent participants in their lives and communities throughout 18 counties in southeastern and south-central Montana: Big Horn, Carbon, Carter, Custer, Dawson, Fallon, Garfield, Golden Valley, McCone, Musselshell, Powder River, Prairie, Richland, Rosebud, Stillwater, Treasure, Wibaux, and Yellowstone.

Our Vision: Empowering aging individuals and people with disabilities to LIFTT themselves above the barriers of life.

Our Mission: Living Independently for Today and Tomorrow's (LIFTT's) mission as a 501(c)(3) nonprofit Center for Independent Living serving Southeastern Montana is to empower aging individuals and people with disabilities to live independently through education, support, and opportunities.

LIFTT is partly funded through contracts and grants from the Montana Department of Public Health and Human Services, USAging, National Aging and Disability Transportation Center, and the Administration for Community Living, United States Department of Health and Human Services. The statements herein do not necessarily reflect the opinion of DPHHS, USAging, NADTC, ACL, or HHS.



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